



# RICHMOND HILL **OSTEOPATHY**

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YOUR FIRST TREATMENT  
WITH THIS FLYER

Osteopathy, Acupuncture & Sports Massage



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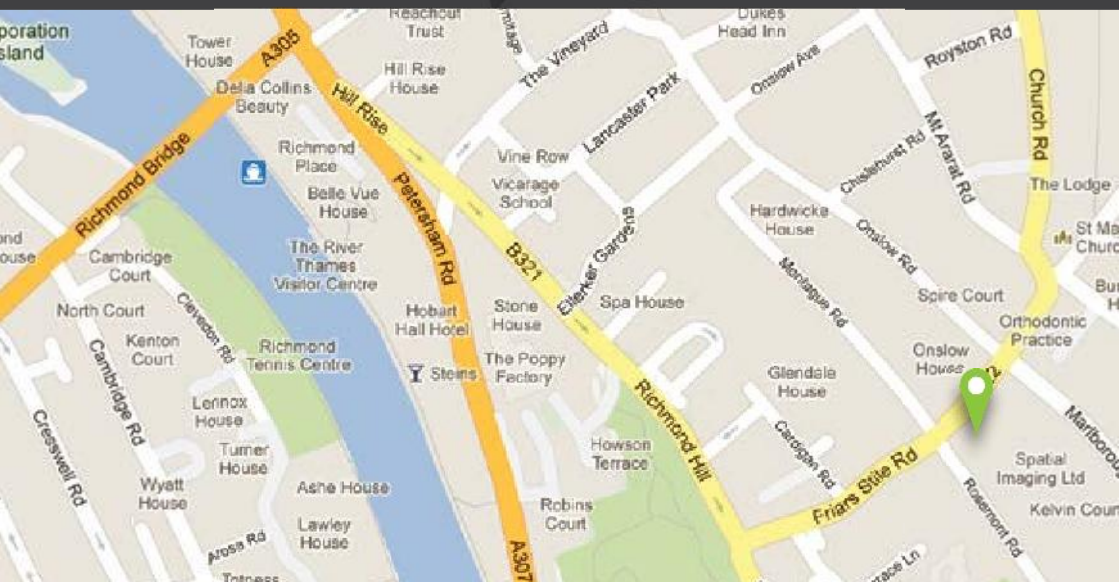
Skin Lounge, 40 Friars Stile Road, Richmond TW10 6NQ

# RICHMOND HILL OSTEOPATHY

As well as effective treatment for back pain, osteopathy can provide relief from a wide variety of problems including:

- Shoulder, knee or hip pain
- Arthritic pain
- Tennis / Golfer's elbow
- Repetitive strain injury
- Sciatica and trapped nerves
- Carpal tunnel syndrome
- Sports injuries and rehab
- Gait analysis
- Postural problems
- Inability to relax
- Some forms of headache

Osteopathy is a form of manual therapy which aims to improve the structure and function of the body as a whole. Treatment is specific to the patient's individual complaint and may involve soft tissue and manipulative techniques as well as exercise and dietary advice.



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